

BRIDGES

WEDNESDAY, JULY 16, 2014

SPACES:

Sometimes it's not the space, but the critters found inside **P.12**

GARDENING:

How to contain your field of greens this summer **P.14**

WINE WORLD:

Columnist James Romanow's pick for the finest food wine **P.27**

A STARPHOENIX COMMUNITY NEWSPAPER

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IS INTERNATIONAL AID **P.5**



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ON THE COVER PG. 5



Sonakaton Nkorian Brenda Banbury photographed at a children's home in Ghana in 2013. **SUBMITTED PHOTO**

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Jerk chicken to rule what you find in Jamaica

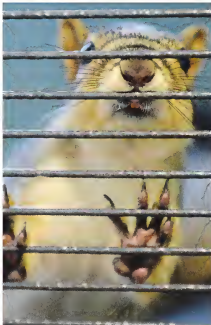
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Columnist Jones Bernawski picks for the finest foodwine in the land

SPACES PG. 12



A lioness nuzzling at the home of Megan Lawrenson and her partner Jason Pinder, who runs Salt Haven Wild, a rehabilitation centre for injured wild animals. **BRIDGES PHOTO BY MICHELLE BERG**

BRIDGES COVER PHOTO BY MICHELLE BERG

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IN THE CITY

JULY 12, 2014 — 9:14 A.M.

Run or Dye



Participants were cheered on as they ran along the Run or Dye run, called as the world's most colorful OK, at Delmarbe Park in Delmar, Delaware. Photo by MONTY RING.

ON THE COVER

I decided, I can do this. I can make a difference! — Brenda Banbury

#BRENDA BANBURY

Lending a hand around the globe



Since retiring, Brenda Banbury has travelled abroad for the worldwide community development work. **PHOTO PHOTO BY MICHELLE BENO**

By Sean Trembath

For Brenda Banbury, retirement was just the beginning.

Her career was in health and fitness club planning. She'd always helped people, but decided it was time to widen her gaze considerably to countries where people have much less than in Canada.

Five years later, she's involved in

Africa several times, the Dominican Republic, Nepal, India and more. In each of these countries, Banbury looks for humanitarian projects she can connect with people back in Canada.

Much of her work is through Rotary. She is a former president of the Shelburne North club and remains heavily involved with the world community service committee,

which brings together all five Rotary clubs in the city. She has also been involved in initiatives with other Rotary clubs all over the province.

"It is amazing how passionate she is about doing good and helping the world become a better place," says Scott Yale, former president of the Regina, Ontario Rotary Club, who has known Banbury since they both travelled to Africa as part of a large

North American contingent at a Rotary gathering.

While Banbury pays for her own trips, Rotary provides connections around the world, and opportunities to get hands-on with some of the globe's most needy. When she returns home, it also provides a fundraising infrastructure for the various projects she chooses to support.

Many people see retirement as

a time to relax, but Banbury's challenge is making sure she doesn't try to do too much.

"My heart still bleeds. But I can't fix the world. At the least, I know that being as engaged with Rotary and going over and researching projects and supporting them, does help change the lives of thousands over the course of a decade," she says.

Continued on Page 8

Every child I immunized, I knew they would never have to deal with polio. And because that child wouldn't, the community would also be safe, because they're no longer passing the polio virus — Banbury



Sarah Banbury traveled to West Africa in 2009 to attend the Polio West Africa Project Fair. While there, she and other attendees took a day trip to a remote area of the country to administer polio vaccines to children.

The realization that she can't save everyone didn't come easy for Banbury. At one point, the weight of the disease suffering had her questioning

whether she could keep going. It was her first humanitarian trip after retirement. Banbury went to Niger to deliver rhinoviruses to needy people in Katsina, and then to the West. What she saw was devastating.

"In this poverty, and this huge need for education, women pushing on the street, women begging with a child over their shoulder who's badly hurt. It's really disturbing, and I firmly believe that when you go the

first time, you have to process it. I had to process it piece by piece," she says.

For her, that meant writing a long dissertation. She slogged out what she had seen, why she had gone, and tried to connect the constants she

was experiencing.

"That was transformative. I decided 'I can do this. I can make a difference. It will not be the last trip. It will be the beginning of my experience,'" she says.

It's amazing how passionate she is about doing good and helping the world become a better place.

— Scott Yule



In 2003, Barbary volunteered in a children's home in Ghana where she became known as Madame Bob. SCOTT YULE PHOTO

"We come back and we're the accepted. We're the providers," Baskin says.

On the same trip, she met some people trying to set up physiotherapy clinics in Benin upon her return to Canada, she marshalled support from clubs back home.

She picked up that project and was with it, said Yule, whose Oakleys club contributed to the cause.

"She has created a list of personal memory in the project as well. It's awesome to see that level of engagement."

Baskin has returned to see the clinics first hand. She's still dedicated, but that's just one of the many projects she's had a hand in.

A lot of what Baskin and Baskin do to makes international development and relief. Recently in Saskatoon, they held a successful fundraiser for one such cause.

The idea behind Shelter Relief is simple. For \$1,000, the organization can put together a box containing everything a family displaced by flood, war or anything else needs to live safely.

A box contains a tent large enough for 30 and partitioned for privacy. There's a stove, a sleeping mat, bedding, tools and activity kits for children.

"These people have a roof over their head, that provides stability and hope. And sometimes comes soon after they've got that off their list," Baskin says.

Shelter Relief responds in world events, going wherever it's needed — typhoons in the Philippines, refugees in Syria, and even the United States, where thousands devastated large swaths of land and destroyed thousands of homes.

"A lot of them never make the news. It might be 40 families displaced because of flooding in Mexico," says Baskin.



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I know that being so engaged with Rotary, and going over and researching projects, and supporting them, does help change the lives of thousands over the course of a decade. — Banbury



Brenda Banbury demonstrates embroidery work to Karim Kufow-Gyasi (second from left) and James (far right) in Accra, Ghana in March 2014. (Submitted by Brenda Banbury)

"That's not really newsworthy but you have 40 families with no place to live, nothing to live with."

Ned Wylie in Rochester is an founder in Alaska. He praises the Rotarians who have helped the cause and says that Banbury is a strong voice in fundraising efforts.

"She was one of the first ones front and center to step up. Brenda is one of these I can really count on," he says.

Her experience in various developing countries, and her continuous research, make her a valuable resource.

"She's very knowledgeable of what's happening around the world, and she really cares about other people and what's going on," Wylie says.

"The last Rotary fundraiser for Rochester took in over \$10,000, according to Banbury. That's 10 times,

and at least 10 families with some where to live."

♦ ♦ ♦

Banbury brings off a quest about when she'll have to return from her last retirement work.

"I figure I've got lots of years left. This is really good for my mental capacity in meeting new people all the time and different cultures," she says.

By keeping busy she keeps her mind healthy. The trick is not getting overloaded with projects, especially since there are always more to tackle. A big part of that is knowing when to say no.

"I'm very organized. I'm also learning that I can only do so much. At the other end, if they're not communicating with me, and failing to follow up, I'm not bothering my team," she says.

Sometimes it's not as easy as with a teenager got she met in the Dominican. Banbury was there because of AIDS, a huge problem in that country especially among Haitian migrant workers who work in the sugar cane fields.

Banbury met a 16-year-old who wanted to be a pediatrician, but there were barriers beyond just money.

Continued on Page 10

CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

- 1 Put off
8 ...American
10 Fish, e.g.
14 Not cringing
16 "Shameless" is a
hypocrite
18 Oscar-winning film
about a film
19 Not pass
20 [Canada]
21 Shared into: masbe
22 Shells
23 Party with a party,
silly
25 "The soul dust"
26 Insulated
27 ... holiday
28 Cooks' confidant
29 "Not just ___"
30 [Latin] ___
31 "In the space"
32 Big foot spec
34 Somewhere to play
40 [Latin] ___
42 In a few words
47 Part of a sound
48 Part of a sentence
50
51 One sharing a bank
and maple
52 Shrimp counterpart
53 Fortune 500 company
based in Seattle
54 India, e.g.
56 Intellectual's
needn't
58 [Latin]
59 Sing with duet tones
60 The young, delicate
61 Inti, association since
1980
62 Piece of
a wing in France
64 Used after "to" in
some short news
67 Asia, e.g., e.g.
68 Some providers of
China

DOWN

- 1 "You're definable!"
book
3 English pop singer
David reg.
5 Not child description
6 Very long period
7 Who says you whose
brother served in
prison?
8 Not a household
member's email
address: masbe
9 All natural
10 1952 Winter Olympics
location
11 C. S. Lewis's birthplace
12 International
fictional sword
13 Ties with roses
14 English-related rock
15 Best food phrase
16 Source of soft
brushes
17 Trick
18 Infant octopus
eyes number
19 "White Juice"
character
20 Round
21 "Not another word!"
22 Outrightly
23 Girls in the vicinity
24 Place to play cards
25 "Go to play cards"
26 High chair
27 Get
28 COT or similar seat
29 Ties to the circus

PICTURE BY LINDA GORDON

JANRIC
CLASSIC
SUDOKU

Level: Gold

Fill in the blank cells
using numbers 1 to 9.
Each number can ap-
pear only once in each
row, column and 3x3
block. Use logic and
process of elimination
to solve the puzzle.

The difficulty level
ranges from Bronze
(easiest) to Silver
to Gold (hardest).



Solutions to the
crossword puzzle and
the Sudoku can be
found on Page 27.

Authentic Amish Cooking



COUNTRY SQUARE AUTHENTIC COOKING

Pumpkin Ice Cream Pie

Cook:
30 Minutes, Ovenless,
chilled

1/2 C. Sugar
1/2 C. Butter

Mix together and press mixture into a pie pan. Chill.

Fillings:
1/2 C. Pumpkin
1/4 Salt
1/2 C. Cream

1/4 C. Sugar
1/4 C. Butter
1/4 C. Ice Cream

Mix together pumpkin and sugar. Blend in ice cream. Press into pie. Chill. Garnish with
whip cream, just before serving. 4 servings



Vegetable Pizza

2 pkg. Creamed Pork
1/2 pkg. Winter Veggies
Pumpkin Dressing
1/2 pkg. Cream
1/2 C. Salad Dressing
1/2 C. Shredded Cheese

Carrots
Beets
Potatoes
Tomatoes
Sliced Hard Boiled
Eggs
Any vegetable of your
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SPACES

Spaces celebrates beauty both indoors and out. If you have a living space we should highlight email bridges@thestarphoenix.com

SASKATCHEWAN'S BEST SPACES

A home away from home for injured animals

By Ashley Martin

WHO? Megan Lawrence and her partner Jason Prober

WHAT? Southam West, the wildlife rehabilitation centre they run out of their home

WHERE? Northwest Regina

WHEN? The couple moved to Regina from Ontario in April for Prober's work as an RCMP officer. Lawrence volunteered for Ontario's Saskatchewan Wildlife Rehabilitation & Education Centre for over 10 years, and knew it was something she wanted to bring with her to the prairie.

WHY? "I always knew I loved animals. I never knew that this sort of thing existed: wildlife rehabilitation," said Lawrence. When she found out about Southam's, she started volunteering there. "I loved it and I became involved and started learning and taking courses on [wildlife rehabilitation]."

She was educated through the local Wildlife Rehabilitation Association and the International Wildlife Rehabilitation Council.

HOW? To open, Southam West in Regina, Lawrence had to receive a permit — it's illegal to keep wild animals without one.

The day after her home was inspected by accreditation officers, she received her first patient: a baby porcupine, who is still with her today. (It resides in the basement, along with a downy great horned owl for which she uses latex gloves to handle. Though it's only six weeks old, its talons are sharp.)

The couple has seen 100 animals pass through their home in the past three months. They work with other rehabilitation organizations as the province to find homes for animals they can't accommodate (like foxes or larger mammals).

Their home is basic — it's a power bungalow, minimally decorated with a few nature-themed trinkets (a frog figurine in a window sill and owl statues on the kitchen table).

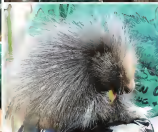
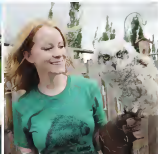
One room is a devoted clinic — their two pet pigs aren't allowed near the wild animals. Each wall is lined with storage shelves filled with bags of seeds and food, and tables supporting cages — some empty others with patients in them.

Two Merlin falcons, whose nests blow down a storm, doleful car-piercing cheeps when a person is present.



BRIDGES PHOTOS BY DON HEALY

SPACES



Two fox squirrels, four young rats, with long queens and a baby raccoon (who makes a teddy bear) are the room's other tenants.

The spare bedroom across the hall, featuring one orange and pink owl pillow, is currently home to four animals.

Two long-eared bats spend the days indoors, but they spend a lot of time in the backyard.

Two white-tailed jacobines, stressed out about a space with the felines, are also segregated in the bedroom.

In the backyard, two crows roost — they're about ready to be re-trained into the wild.

Lawrence says the outdoor animals haven't generated noise complaints from her neighbors — "wild animals will basically only scream or call if they're in distress or hurt."

When animals are in the first stages of rehabilitation, they may eat and get hands-on care by Lawrence and Peder. Baby animals are hand-fed and nurtured, while being taught to climb or hunt for food — all the things their mother would have taught them. Lawrence, whose day begins at 7 a.m. and ends at midnight, is obviously fond of them — she calls the great horned owl "Hedda" and watches the back of a porcupine's quills.

But "when we want to let them go," said Lawrence, "we'll spend less and less time with them, we won't hand-feed them like that, they stay outside all the time with as little human contact as possible."

Melissa, who, at this point is isolated and hand-fed, will likely be released at the end of August in Glen Elsie where she was found orphaned. (They try to release these animals when they were found.)

In advance of that, they break the human association. She'll be outdoors and will only see humans when they put food in her cage.

"We need her to put up her quills and sort of be afraid of us," said Lawrence.

There's good reason for that: If animals can't take care of the natives after rehabilitation, the government orders euthanasia says Lawrence, whose friends call her "Jo" as a rebuke to the animals back into the wild.

Job is in quotation marks because it's not paid work, Lawrence and Peder do all of this out of the goodness of their hearts.

"It's a bit of a sacrifice. It's very time consuming, it costs a lot of money, that's not government funding for what we do," said Lawrence.

From the owl and mice (just food), to tortoise greens (rabbit food) to nutrient-rich formula that's shipped from Arizona (jacobin food), to the blood of the cost of animal medicine, all in there.

You can help. Start with the donating outdoor supplies (cleaning gloves, Kleenex paper towels, grocery store gift cards, cups of all types). It's a registered charity, so any donations over \$20 get a tax receipt.

Lawrence@earthlink.net
Twitter: @JoeyMarty

GARDENING

#GARDENING IN SASKATCHEWAN

How to contain your field of greens

By **Eril Svendsen**

Lawns have long been a status symbol, originally a sign of significant wealth. For who but the wealthy could afford to hire staff to laboriously keep an expansive mead to within a few centimetres? But with the advent of the gas-powered lawnmower in 1829, even the lowly peon could afford to have a lawn.

Today, a well-kept lawn is more a symbol of being a good citizen. In Saskatoon, for example, an owner or occupant of land shall ensure or permit the land to become overgrown with grass or weeds. [Byline: Eril Svendsen] Overgrowth is defined to be an "excess of 30 cm." If blown dust works, then your neighbour's drooping grasses may cause you to be the lout.

Weeds, like schoolyard bullies, take advantage of the weak. In a sparse lawn, with open or bare patches, weeds easily get established. Once established, they expand, stealing water, light and nutrients from the grass.

The best way to minimize a weed invasion is to maintain a healthy lush lawn. But when the weed problem from such benign properties is high (e.g. a nearby city park), even the best-kept lawn will spread a few weeds. Aside from herbicides, other broadleaf weeds you may find in your lawn include clover (a good nitrogen source), ground ivy, common plantain, chickweed, black medick and plantain weed (to name a few).

If you only have a few weeds, then spend some time on your hands and knees with a narrow trowel. Get as much of the root system as possible — dig deep. For more extensive invasions, a cocktail of 2.4 D, mecoprop and dicamba (e.g. Roundup) has been the standby for decades. It can

take over 30 broadleaf weeds.

For some perennial weeds, in a yard where weeds have been allowed to go to seed, multiple applications may be necessary. In jurisdictions where synthetic herbicides have been banned (e.g. Minnesota) or you prefer not to use them, there are a few organic alternatives.

Herbicide strength can be much stronger than household vinegar is an option. That it is non-selective and kills weeds and grass alike. Herbicidal soaps are also selective as well. Corn gluten (also supplies some nitrogen) acts as a pre-emergent organic herbicide, preventing dandelion, plantain and a few other weed seeds from germinating — but it won't kill established weeds.

If keeping a lawn 100 per cent weed-free seems like too much work, then you have two choices. First, accept that weeds are green like grass and they will more just as easily. Or artificial turf has come a long way from the '70s, now you really have to look twice to notice that your neighbour's perfect lawn is not real. And there's no mowing, watering or fertilizing an artificial lawn — just an occasional light vacuuming is required.

Want a gardening question? Contact Graham Law, 308-666-5810 or gardens@sjnews.ca

One of the 48th Annual Lily Show at the 48th or Loomer's Weight (July 26 and 27), sponsored by the Canadian Prairie Lily Society (cowspringle.org).

This column is provided courtesy of the Saskatchewan Plant and Society (saskplant.org), sdsc@sjnews.ca. Their native butter beans or cowpeas for growing herbaceous perennials (Lusha & Lusha) at the Forestry Plant garden also grows blue beans (see link).



White clover is a common weed in Saskatchewan.



Another typical environmental sight in Saskatchewan lawns is the plantain.



Low lawn or lawn-free lawns are a fact of life. Instead of spraying the weeds through, try drying the weeds to brown a healthy law. PHOTO COURTESY ERIL SVENDSEN

TRICKS TO MAINTAINING A GOOD LAWN:

1. Mow regularly (every five to seven days when it reaches 8 to 9 cm) to keep the grass between 5 to 7 cm. Cutting is much easier than to allow root development, making a lawn less heat and drought tolerant.
2. Fertilize three times over the growing season, six weeks apart starting in mid-May. Use the rate recommended on the bag. Do not apply to wet grass and water well.
3. Water regularly and deeply. Lawns require about 1.5 cm of water a week — apply over a week to encourage deep root development, this in turn encourages a harder lawn. So far this year the rain has taken care of most of the lawn's water requirements. In the heat of August, more water may be required.
4. Raked bare or sparse areas, and create compacted areas to round out your maintenance plan.

READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

#JUDY BIRD

Domino's Nose Knows gives one dog his day

Domino's Nose Knows is a story I just had to write. I've lived around all my life, especially dogs. Growing up on a farm in southeast Saskatchewan, cats and dogs were always part of my life. One day, Sissy would always sit at the edge of the driveway ready to greet me as I stepped off the school bus each day.

Dogs are still in my life. My husband and I recently acquired an adult bloodhound who needs a new home. There was something different about this dog; it was his nose and how intensely he smelled everything. His nose was a great dog nose, and that made me think, does he realize



Judy Bird

how special he is? From there came the inspiration to write a children's book.

Domino's Nose Knows is about a bloodhound puppy, the runt of the litter. The other puppies leave, but nobody wants to adopt Domino. He stays on the farm

with his mother and sister and other animals. These little kids show his big nose. He begins to use his nose to find things, and one day he is called on to help a mother find her child. He learns that his big nose is his greatest asset, and is proud of what he can do from that moment on.

My dog has never done these things, but other bloodhounds undoubtedly have. They are superb at tracking and nose training.

This story is an example of how dogs can surprise and help people with their natural talents, and even that they're more than just an animal, they have amazing capabilities if we give

them a chance. It also relates to war history experience, and it expands in the sense of being victorious in life of overcoming obstacles and criticism and an overcoming self-worth.

People who bought the book for their kids tell me that they and their children love the story, and the pictures. It's become a new favourite for the story line.

Domino's Nose Knows is available in Regina at both Metro Pet Market bookstore, and is coming soon to Chapters Books Online. It is available at antihaircare.com and also at Amazon, Google Books and Barnes and Noble. Be sure to read the reviews on Amazon, and add your own.



Written by Judy Bird
Illustrated by Irene Galt

Thanks Chum!

Thanks to your generosity, the 2014 Zoogala went swimming in The Saskatoon Zoo Foundation tanks. Thanks to loving you just that.

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Mount Pleasant, Saskatoon, Canada

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ON THE SCENE

FLOOD RELIEF CONCERT

Local musicians came together for a Flood Relief Concert on July 10 to support those affected by flooding in southeastern Saskatchewan.

The audience of 350 enjoyed entertainment by Memory Lane: A Tribute to the 40s, 50s and 60s at Saskatoon's Maple United Church. The eight-piece band fronted by Stephen Majure, generously donated their time to perform one topping classic hits. Proceeds to the tune of \$3,000 will be donated to the Canadian Red Cross Sink Flood Fund. Potluck Goes will match dollar-for-dollar the funds brought in from the concert.



1. Chris Doss and Helen Brown

2. Gordon Shoard and Kathy Langston

3. Petrick Walls

4. Adam Clancy and Society Schmitt

5. Mel and Lorraine Bykov

6. Louise Frenkel and Leone Collette

7. Linda Flowers, Kathleen Taylor and Michael Flowers

8. Feature singer Stephen Majure performs

BRIDGES PHOTOS BY GREG PENDER



ASK ELLIE

Withdrawing from intimacy doesn't resolve problems

Q. I'm in a same-sex relationship and my girlfriend has a low sex drive. It's been ongoing throughout that first year of our living together.

When we last spent, she seemed more interested. But it seems like my moving in and migrating from my life in another city has complicated everything.

Initially, she said that stress at work was affecting her libido, now it's stress from our fights. I, too, lost patience long ago and don't know how to reach the subject again without adding to the fights.

Being patient and wanting her to lead my relationship and make me feel interested whenever I show an easy I know I need to step forward but I'm wounded and lost.

If that's the reality here and space. But I can't provide that anymore, no escape into my personal universe regarding sexuality, projecting myself in an imaginary world.

Taking Inside Myself

A. Escape just adds to the growing chasm between you two. She needs

Ask Ellie



time and space. Until you need respect for having made major life changes.

Distance here you can take a break. It may mean both of you sharing the cost for you to live elsewhere, perhaps for a couple of months. Then get couples' counselling together to probe what are the main issues dividing you.

Moving together always takes adjustment. But withdrawing sexually and emotionally doesn't address the problems. You both need to talk through and decide if you can reconnect long-term. And

graduated in our fifth night years before I did and had set up his business, which I joined.

After several years, I had to move clients to his bed, and I also brought into the business as a full partner.

We both married around the same time, two years ago.

Ever since, he's distanced himself and his wife usually from my wife and me. At first it felt painful, since we'd been happy together with them. Also, my wife loves to entertain at home and would resent these reasonable offers.

But they never misinterpreted. My wife's professional life will grow up her job when she married.

Now, he and I work as two different entities even though we're equal partners. Some colleagues and clients tell me that he lets people know that he started the business, as if he's still owner alone.

It's possible for me to set up as privately as our contract has a procedure for doing that.

But before I take that big step

should I ask him if I've offended him in some way? My wife thinks it's too demanding, but begging him.

Unconquerable Partner

A. It's worthwhile trying to clear the air before taking a major step away from the same firm.

Raising a discussion is not to beg for anything, but to avoid hard feelings on parties, and separate agendas and power within your field.

The social distancing may stem from an attitude as his wife's part. Or, your reaching his same level of clients may have upset him. In either case, it's the inability to be specific.

So asking in a general way if there's anything you can do to make the partnership go smoother is a neutral start to the conversation.

Be clear that if it's best for you both to go separate ways, you're prepared to do so for both your sakes.

Q. My friend recently told me that sex with his wife is boring, always has been, and he's seen no changes coming. His never had truly great sex.

Their marriage seems comfortable and happy otherwise. Is it possible for relationships with no sex to actually last a lifetime? Or should I be warning him that affairs are not the way to go?

I'm worried that's what he's thinking.

Concerned Friend

A. It's not making your permission about sex, and by revealing this personal information he's already partly out the door or troll (in context).

If you're truly a close friend — and not a woman he's trying to get rid of — start him to the consequences that occur if an affair is discovered (financial and emotional — see above).

But if you're a woman he's trying to get rid of, "I've never had truly great sex." (Considering he believes he's had it with you,) just say NO, and don't listen to any more confidences.

He's not leaving her. He just wants sex. And yes, they could stay together indefinitely.

HARD WORK HIGH REWARDS



Q. Are you tired of earning a below average sales income for all your hard work?

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Human Resources

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Postmedia Network Inc.
204 5th Ave N
Saskatoon, SK S7K 2P1
humanresources@thestarphoenix.com

EVENTS

What you need to know to plan your week.
Send events to bridges@thetartphenix.com

MUSIC

Wed., July 16

Diek Moleno
Buds on Broadway,
817 Broadway Ave.

The Sound and Silence
presents: **The unofficial**
Hans Grech Property w/ Sun
Arrow, Jr Suite in Port Chester
and **Rey Ili**
Vanderbilt Tavern,
864 Broadway Ave.

Black Tongue and Tatters
w/ **Lila Forns and Galactic**
Pegasus
Tulsa Band Hall,
192 Central Ave.

Twin Djs Gabele and Gabele
w/ **Di Modus**
303 Lounge & Discotheque,
302 Pacific Ave.

In With the Old w/ Cathlete
Albert Community Centre,
690 Clarence Ave. S.

Thurs., July 17

Two Man Group
Bards on Broadway,
817 Broadway Ave.

Charger
Buds on Broadway,
817 Broadway Ave.

The Strambles
Amigos Cantina,
632 10th St. E.

Bucky Augers
Osaka Dunes Casino,
204 Dakota Dunes Way
Winthrop

Devlin Cuddy
Village Guitar & Arts,
432 20th St. W.

Fri., July 18

Bryan Adams
Fairland Park,
500 Rush St. W.



Legendary rocker Bryan Adams will be performing at Fairland Park on Friday. PHOTO: AUBREY

SWR Surf
Buds on Broadway,
817 Broadway Ave.

3 Pack + One
Army & Navy Club,
359 First Ave. N.

Mediocracy
Mokilly Robinson,
3700 High St. E.

The Rhythmales
Fairfield Senior Citizens'
Centre,
103 Fairmont Ct.

Reverent Paintings
Amigos Cantina,
632 10th St. E.

One Day Late w/ Charger
and **Crownsound**
Back & Bottoms,
8345 Broadway Ave.

Mitch and Friends
Stark's Place,
106-110 Rush St. E.

The Weighs
Piggy's Pub and Grill,
1603 104th St. N.

Sat., July 19

SWR Surf
Buds on Broadway,
817 Broadway Ave.

3 Pack + One
Army and Navy Club,
359 First Ave. N.

Harry Starline
Parsons Lofting,
3023 Louisa St.

Phenex
Gowdwin Lezoo,
606 Spadina Cres. W.

Beats to Hazzwenn
Mokilly Robinson,
3700 High St. E.

Cars Collide w/ Cedar Sky
and **The Durbin River Band**

Amigos Cantina
632 10th St. E.

Wahle and The Wolf w/
Screening Dablis, Violent
Betty and The Wolves
Rock Bottom,
8345 Broadway Ave.

Stitch and Friends
Stark's Place,
106-110 Rush St. E.

The Weighs
Piggy's Pub and Grill,
1603 104th St. N.

Blue Moon Marigold
Bon Temp Cafe,
323 Second Ave. S.

Sun., July 20

Acoustic Night w/ Connor
Goehman
Buds on Broadway,
817 Broadway Ave.

Andrew Jackson Jihad w/
Hard Gals and Dogbreath
Loud Pub,
50 Campus Dr.

Mon., July 21

17 Seconds of Paul
Buds on Broadway,
817 Broadway Ave.

El Harris Quartet
Bon Temp Cafe,
323 Second Ave. S.

Tues., July 22

Fluke Shelton
Credit Union Centre,
3515 Thatcher Ave.

17 Seconds of Paul
Buds on Broadway,
817 Broadway Ave.

Jon Lane and Jake Antonak
Bon Temp Cafe,
323 Second Ave. S.

ART

Mendel Art Gallery

Until Sept. 16 at 950 Spadina
Cres. E. Summer exhibi-
tions. Commissioned by the
Company of Emily Carr,
Sympathetic to Music, explor-
ing the Canadian northwest
from diverse perspectives; A
Vital Force, works from 1933-
33 by the Canadian Group of
Painters; Canadian Lias Exhibi-
tion gives a half-hour for the
Carr show July 20, 10 p.m. The
Artists by Artists Mentor-
ship Program reflects Simon
Wadsworth's work with his
mentor, Mark Linnell. Plain
Ar Workshop for Adults July
20, 2 p.m. Artist Nancy Lowry
instructs drawing and paint-
ing of landscapes.

The Gallery at Frances Mon-
ahan Central Library
July 16 until Aug. 16 at Frances
Monahan Library. Fine arts
by Tyson John Atkins. Paintings
examining the creative
possibilities of ambiguity and
juxtaposition. Reception July
17, 7 p.m. to 9 p.m.

Infinity Gallery

July 18 to Sept. 1 at 813
Broadway Ave. A (Three Above)
Nothing: Works by Emma
2014 international pen-
ticipants and invited artists.
Reception July 30, 7 p.m. to
9 p.m.

33g

Until July 19 at 330 Ave. G.S.
Thousands of Snowflakes,
works by Derrick Piers and
Marie Lemmo.

Art in the Centre at

Perkins Centre
Until July 22 at 100 Grosvenor
Cres. Obsolete Spaces by
Wendy Weisner, sponsored
by OSAF.

St. Thomas More Gallery
Until July 25 at 1527 College
Dr. Notes and Reflections,
photography by Sharon
Cesnik.

EVENTS

Wild in the City

Until July 25 at Unruly City Comics & Toys, 120 Second Ave. N. Urban Wildlife: A hybrid A & Mythological Beasts A group art collection by 30 Saskatoon artists.

The Ge Bruckert Placement

Until July 25 at 230 Third Ave. S. Recent Works: Paintings and drawings by Heather Cline, Lorenzo Dupuis, Kelly Goetzan, Greg Hardy, Clint Hunter, Alida Popoff and Lorna Russell.

Handmade House Showcase

Until July 26 at 1100 Broadway Ave. Heart to Heart: Featuring new works by Saskatoon fine artist Monika Kienast-Johnson.

Purple Star Gallery

Until July 27 at 1100 Eighth St. E. Unrepresented Guests, works by gallery artists and guests.

The Stall Gallery

Until Aug. 1 at City Parks, 801 Seventh Ave. N. New works by Healy van Sarkis. New works by Jerry Simpson are on display until Aug. 15 at Collective Coffee, 320 20th St. W. An artist reception and show with works by Cindy McLean, Ian Hunter and Jackie Miller, runs until Aug. 30 at Ames, 249 Second Ave. W.

Void Gallery

Until Aug. 2 at 2-1000 Eighth St. E. Borders by Michel Saint-Michel: Paintings of the Canadian Rockies, with pencil lines drawn overtop to predict urban sprawl and industrial takeover.

SKAP Gallery

July 14 to Aug. 8 at 253 Third Ave. S. Walking on the Wild Side by Gerry Pote: An art show about animals and characters based on animals on canvas. Reception Aug. 8, 6 p.m. to 9 p.m.



Route Outside Film by Heather M. Cline is on display at The Gallery at Art Placement.

Hard Wave Gallery

Until Aug. 16 at 409 Third Ave. S. Meacham: The Bones of It, oceanic sculptures by Anita Roccamano.

Prved Arts

Submission deadline is Aug. 28, 5 p.m., at 424 20th St. W. or artists at pawsarts.ca. I Am the Bridges, call for submissions. Open to all Saskatoon-based artists. Film on media artists: They are looking for short videos or film works to be screened as part the 2014 Culture Days Festival on Sept. 27 at 6 p.m.

Station Arts Centre, downtown

Until Aug. 30 at 701 Railway Ave. N. Resilient: Northern Landscapes by Men Who Paint, Jan Komroff, Greg Hargarten, Paul Threlton, Roger Threlton, Ken VanTies, Opening reception July 5 after the opening night of the screening (read by production of Hilary Vard).

Manawash Valley Centre

July 14 to Aug. 8 at 402 Third Ave. S. Take a Walk With Me,

views of Saskatchewan by Patricia L. Clarke: Original watercolours inspired by walks and travels along the Manawash Valley and beyond.

Harsholt and District Museum and Gallery

Until Sept. 27 at 601 Main St. in Harsholt: Two Perspectives, pottery and paintings by Mel Baier and Karen Holden. "Sketchshowers" teaches quilt block challenges" runs until Sept. 27.

Ukrainian Museum of Canada

Until Oct. 5 at 110 Spadina Cres. E. Doping Story: The Colors of His World: A reception and screening of the documentary The Automatic Advantage will be held on a Friday in September at 1:30 p.m.

FAMILY

Stairs and Strollers

Wednesdays, 1 p.m., at Centre Cinemas in The Centre. Choice of two movies each week. A baby-friendly environment with lowered volume, dimmed lighting, a changing table and stroller

parking is at select stores.

Movies For Moments: Polo

Also Date Night: July 18, 7 p.m., at The Regency, 3010 Eighth St. E. Enjoy an evening movie in a baby-friendly environment. With bottle warming, stroller parking, change tables, and reduced sound.

Fun Factory Indoor Playground

Until Aug. 16 at 1630 Centre Ave. A giant indoor playground for young children. Adults and children under one year are free. There is a separate fenced-in area for children under two.

Children's Play Centre

Only at Lawson Heights Mall. A fun, safe environment for preschool children to play. Please note this is an unsupervised play area, and adults must stay with and supervise children at all times.

LLUC Saskatoon Daytime Series Meeting

Third Wednesday of the month through August, 12:30 p.m., at Mothers' Centre at

Station 20 West, 201-220 20 St. W. All women interested in breastfeeding are welcome. They meet the third Wednesday of the month, January to April. Call 303-655-4400, email: llluc@llluc.com.

Market Mall Children's Play Centre

Only just off the food court at Market Mall. This play area is free and has different level slides. Children must wear socks in the play area.

Breastfeeding Cafe

Thursdays, 10 a.m. to 11:30 a.m., at Westwinds Primary Health Centre, 3301 Fairlight. A drop-in support group for breastfeeding women. Sessions will be facilitated by a lactation consultant with a brief educational presentation, and time for interaction with the other mothers.

Movies For Moments

Thursdays, 1 p.m., at Rainbow Cinema in The Centre. An infant-friendly environment with reduced sound, change tables, bottle warming and stroller parking.

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Market Mall Children's Play Centre

Only just off the food court at Market Mall. This play area is free and has different level slides. Children must wear socks in the play area.

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RIDER PRIDE LIVES HERE

EVENTS

Canadian Light Source (CLS) Public Tour
Thursdays, 1:30 p.m., at the Canadian Light Source, 44 Innovation Blvd. The synchrotron research facility is open for the public. Registration is required. Call 306-687-3644, or visit outreach@lightsources.ca or email lightsources@lightsources.ca.

Shop'n Stroll
Fridays, 9:30 a.m. to 10:30 a.m., meet in front of Customer Service at The Mall at Lincoln Heights. Classes consist of power-wheeling, body-sculpting moves using exercise tubing and a socializing for parents and babies. Register at mumsandbabieslincolnheights.com. No classes at stall holiday.

Coffee Time For Moms
Fridays, 10 a.m. to 12:30 p.m., at Baked Sweetest Bites, 18-106 Central Ave. Moms enjoy a free cup of coffee while children play in the playroom.

Baby Talk at SPL
Fridays, 10:30 a.m., at Alice Turner Branch, Mondays, 10:30 a.m., at Central High Branch and JS Wood Branch; and Tuesdays, 10:30 a.m., at CIT Wright House. Half-hour singing and rhymes, then mingle with other parents.

Scoutcraft on Sundays
Sundays, 2 p.m. to 4 p.m., at the Mendel Art Gallery, 950 Spadina Ave. & Free Family Fun for ages four to 12, accompanied by an adult. Art-making activities led by gallery artists. Supplies are provided.

Preschool Yoga
Mondays, 10 a.m. to 1 p.m., at Pregnancy and Parenting Health Centre, 247 Third Ave. S. Beginner to intermediate yoga designed to help with

postpartum recovery. Daily friendly classes with a certified yoga teacher. Suitable for four weeks to two years postpartum. Register at markingtheword.com/yoga. No class on stat holidays.

Craft and Story Time
Saturdays, 11 a.m., at Indigo Books, 2233 Eighth St. E. In the kids' section. Call 309-344-5317.

Prenatal Yoga
Mondays, 6 p.m. to 7 p.m., at Pregnancy and Parenting Health Centre, 247 Third Ave. S. Taught by a doula and certified yoga teacher. Informative and safe for any stage in pregnancy (EBC 306-251-0443 or email pregnancy@gravid.com). No class on stat holidays.

Funky Artathons Summer Kids Camp
July 21-25 at Funky Artathons Studio. For ages eight to 12. Discover elements of art, use many materials and mediums, explore new techniques and application, learn art history and keep a daily sketchbook, with a field trip to the Mendel Art Gallery. To register email funkyartathons@gmail.com.

Summer Band Camp
Mondays to Fridays, July 21 to Aug. 1 at the U of S Education Building. Presented by the Saskatchewan Band Association. Junior camp for kids up to Grade 5, senior camp for Grades 6 to 12. Visit saskband.org.

Living History Young Pioneer Camp
Mondays to Fridays, July 21 to Aug. 1, 1 p.m. to 4:30 p.m., at the Western Development Museum. Experience the work and play of the pioneers. Baked bread, butter and ice cream, girdle wheat, milk, a cow, pigs, stories, crafts, and learn about

different kinds of transportation. Visit www.westerndevelopmentmuseum.com.

Becky's Bead Parent and Preschooler Camp
July 21 to Aug. 22 in Saskatoon. The camp is designed for parents and their preschool child to enjoy active rhymes, games, crafts and activities together. Register at 306-652-5468 or westsaskatoon.com.

Huskie Hockey Camp
Mondays to Fridays, July 21 to Aug. 22 at Redford Arena at the U of S. For ages five to 16. On-and-off-ice hockey instruction as well as other daily activities. Visit hussies.usask.ca.

Summer Music Camps for Kids
Mondays to Fridays, until July 25 at the U of S. For kids ages four to 10. Explore culture, camps, instruments and play different instruments. To register call 306-960-1039. Visit cd.usask.ca/mrp/musiccamps.

Summer Devise Camp
Mondays to Fridays, until July 25, at the U of S. For ages four to 10. Discover camps for various age groups and kit levels. Visit recreatives.usask.ca.

AVAP Summer Camps
Mondays to Fridays, through Aug. 1 at Williams Studio in the U of S Williams Building, art camps for kids ages four to 14. Working-day camps where kids learn techniques in drawing, painting, printmaking, mixed media, sculpture and photography. Visit cd.usask.ca/avap-art-camps to register. Call 306-955-5539.

YAS Basketball Kids Camp
Until Aug. 26, 8:30 a.m. to 3 p.m., in Saskatoon. For ages seven to 12. Skills development camp, teaching rules, fundamentals and basic skills.

Finish a with the North-South Ironman Triathlon, Aug. 22-23. To register call 306-342-3423 or visit nsa.ca.

4-Grate Summer Camp
Mondays to Fridays, until Aug. 21, 9 a.m. to 12 p.m., and 1 p.m. to 4 p.m., at 4-Grate Saskatoon, 50-3955 Eighth St. E. Various art camps for kids ages five to 12. Visit 4grate.com.

Salvation Army Beaver Creek Camps
Mondays to Fridays, until Aug. 22 at Beaver Creek. Includes music camp, adventure camps, mini's and kids camps, teen camp and family camp. Visit beavercrekcamp.ca.

Agline Discovery Day Camp
Mondays to Fridays, until Aug. 22, 9 a.m. to 4 p.m., at the U of S College of Agriculture and Forestry, 51 Campus Dr. Five-day camps, one-four-day camps, camps must bring a lunch. Register at agline.usask.ca/summer/kids/discovery-program.php.

Sci-Pi Science Summer Camps
Mondays to Fridays, until Aug. 22, 9 a.m. to 4 p.m., at the U of S. Science camps, technology camps, computer science camps, medical science camps and veterinary medicine camps. Visit sci-pi.usask.ca/summer/camps.php.

Summer Art Camp
Mondays to Fridays, until Aug. 22, 9 a.m. to 4 p.m., at Mendel Art Gallery. For ages six to 12. Draw, paint, collage, design, build, imagine and play. To register call 306-973-5487 or email trondach@mmendel.ca.

Summer Biology Camp for Kids
Mondays to Fridays, until Aug. 22 at the U of S. Various five-day camps for kids ages eight to 12. Visit scientists and researchers about various elements of the

environment. To register call 306-966-5339.

Living History Children's Workshops
Mondays to Fridays, until Aug. 22 at the U of S Museum of Antiquities. For ages six to 12. Activities, art projects, crafts, games and workshops featuring the outdoors of the present and middle world. Visit sask.ca/ventures/index.php.

Enkhuizen Day Summer Camps
Mondays to Fridays, until Aug. 22 at the Saskatoon Zoo. For kids ages seven to 16. Spend a week at the zoo and get to know the animals. Hands-on experiences, crafts, and games. Get lunch and snacks are provided. Monday to Thursday with a campfire lunch Friday. Visit saskatoonzoo.ca/enkhuizen.

Huskie Sports Camps
Mondays to Fridays, until Aug. 23 at the U of S. For ages 12-17. Wrestling, basketball, contact football, volleyball, and various soccer camps. To register call 306-960-1039 or visit hussies.usask.ca/sports/community-programs.

Summer Kids Day Camps
Mondays to Fridays, until Aug. 23, 9 a.m. to 4:30 p.m., at Waukegan Heritage Park. For kids ages seven to 10. Exploring, crafts, First Nations history and entertainment. Healthy snacks and lunches are included. To register call 306-420-6201 ext. 344, or email summer.camps@waukegan.com.

Children's Activity Camps
Mondays to Fridays, until Aug. 28, 9 a.m. to 4 p.m., at the U of S. Organized by the College of Kinesiology. For ages five to 12. Various activities in full- or half-day camps are available. Visit recreatives.usask.ca. To register call 306-966-1901.

Geleen Hockey Camps
Various camps Mondays to Fridays, until Aug. 29. For kids ages seven to 12. Players must wear full hockey equipment. Visit go.sports.com/juniorkhockey/sponsors ages, call 306-955-3096.

Living History Young Pioneer Camp
Mondays to Fridays, until Aug. 1, 1 p.m. to 4:30 p.m., at the Western Development Museum. Experience the work and play of the pioneers. Bake bread, make butter and ice cream, girdle wheat, wash cloth, milk a cow, calves, stories, crafts, and learn about different kinds of transportation. To register by June 30. Visit www.westerndevelopmentmuseum.com.

Loggins
Tuesdays, 9:30 a.m. to 11:30 a.m., at Grace-Westminster United Church, located by South Hearts is among Community, a group of families inspired by Waldorf philosophies. Programming is aimed at children ages two to five, but all ages are welcome.

Woodstock Story Time
Thursdays, 10:30 a.m. to 11 a.m., at McNally Robinson, 3330 Eighth St. E. For children aged three to five in the Circle of Trees. Call 306-955-5677.

Mom and Baby Yoga
Tuesdays and Thursdays beginning July 22, 10:30 a.m., at Balance Within Centre and Wellness, 300 Third Ave. S. Six-week class taught by Nina Zaitz. Designed for new mothers and babies three weeks old and older. Move through various asanas (postures) to tone and strengthen your body, learn relaxation and meditation tools and explore breath-work to help you to release and relax. To register email freedomfromwithyoga@gmail.com.

EVENTS

Bibbidi Bobbidi Boo Playroom
Monday to Friday, 10:30 a.m. to 4:30 p.m. and late night Thursdays, at Bibbidi Bobbidi Boo, 11100 Central Ave. With a vet area, kitchen and shopping carts, support theatre, stage and crafts. To book groups, or to check for availability, call 306-385-4781 or email bibbidiboo@starphoenix.ca (seats first).

Nativityland Tours
Tuesday until Aug. 26, 7:30 a.m. to 9:30 p.m., at Nativityland and Parenting Health Centre, 246 Third Ave. S. A unique hands-on children's education series, and for parents for the birth of a child. To register visit nativityland.ca.

Puppets at the Marm & Saskatoon Library
July 22, 10:30 a.m. to 11:30 a.m., at the Marm Residence, 320 1st St. E. Presented by staff from Marm Valley.

Centre A story about the early years of Saskatoon. Donations are appreciated. Informated by 306-663-8887, info@thehistorical.ca.

Marm and Valley Outdoor Studio Fitness Classes
Tuesday and Thursday until Aug. 28, 10:30 a.m., at the Marm Valley Trail. Meet new moms and do a whole body workout. To register and for starting location call 306-200-1346 or email Saskatoon@nrgfitness@gmail.com. More information on nrgfitness.ca.

Gen-A-M Gymnastics Camps
Until Aug. 20 at 3700 McMillan Ave. Starts on Saturdays for ages two to 16. Visit www.genam.ca.

CRICKET & KICK® Saskatoon
Regular after-school programs, preschool classes and camps for kids of all ages at various locations in

Saskatoon. An atmosphere for students to build unique creations, play games, and have fun using LEGO® bricks. Visit brickskate.com or call 306-979-3745.

Saskatoon Public Library Programs
Opening daily programs for children and families. Find the calendar at saskatoonlibrary.ca/made/1036.

SPECIAL EVENTS

38th Annual Velocity Pairs Themed 250 2014

July 16 at Auto Cleaning Motor Speedway. Saskatoon Stock Car Racing Association's local race on July 16 and the NASCAR Canadian Series on July 16. Tickets at autocleaningsportsway.ca.

Saskatoon Yellow Jackets Home Game

July 16, 7 p.m., at Centre Field, 1002



Catch the 38th Annual Velocity Pairs Themed 250 at Auto-Cleaning Motor Speedway on July 16. AUTOWAY

Ave. P-5 Playing against the Lethbridge Bulls. Visit saskatoonyellowjackets.com.

Community Campus Tours

Wednesday and Sunday, 1 a.m. to 3:30 p.m., through August, starting

at the Deffenbacher Canada Centre. A uniquely walking tour of the U of S campus. Highlighting the history, achievements, and architecture. For information or to reserve a spot call 306-966-6364, or email dluff@campus.ca.

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The StarPhoenix

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"I keep telling my kids in Calgary, oh I cannot come there because nothing out there that will be as good as Parkville Manor." - Brett



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EVENTS

Dancing in the Park
Wednesdays until August 6,
7:30 p.m. to sunset, at the
River Landing Amphitheatre
Informal, social dancing
with the Saskatoon Scottish
Country Dancers. Visit
rockinfolk.ca

A Taste of Saskatchewan
July 18-19, 11 a.m. to 10 p.m.,
and July 20, 11 a.m. to
8 p.m., in Kiewit Memorial
Park. A food and entertain-
ment festival featuring more
than 30 local restaurants and
more than 50 local bands.
Visit tasteofsaskatchewan.ca

Abbeyfield House Tea and Tour
July 19, 2:30 p.m. to 4:30 p.m.,
at Abbeyfield House. A tour
of the restored three housing.
Featuring a musical presenta-
tion by the chapel strings in
the auditorium at 2:30 p.m.
Tour times provided upon
request. Call 336-9336-9336

SFPC Dances
Thursdays through August,
7 p.m., by the Jazz Canada
Dance restaurant to Howard
Park, Saskatoon Inter-
national Conference Club (SFPC)
dances. Learn dances from
many countries around the
world. No admission. Visit
sfpc-dances.com

**Bryan Adams Pre-Concept
Party**
July 18, 3 p.m., in the Mohan
Patel at Pleasantland Park.
Food, drink, and live music
by Fire of Knowing. Perfor-
mances at 4 p.m., 6 p.m., and
7:30 p.m. Bryan Adams hits
the stage at 7:30 p.m. Tickets at
tickets.sasktelerec.com

**24th Annual Nees Creek
Music Festival**
July 17-20 at the Festival site
near Big Tree Four days
celebrating music, arts, com-
munity and ecology. Featuring
The Big River Boys, The Blue
Lanterns, Crooked Creek,



Take a tour now of the house and grounds at the Mary Residence in Saskatoon. Tours 10 a.m. to 4 p.m. Call Phyllis at 336-9336-9336.

The Deep Dark Woods, Indigo
Jamali, Lullu Ortega, Fowler
Blue, Sebastian Owl, Wiggins
Jon Lane, Little Criminals and
Poor Nanalees Bay. With an
after hours stage, a children's
area, a drum and dance circle,
an eco-village, markets and
workshops. Tickets at nes-
creek.com, sasktelerec.com

The Peabodys '80s and '90s
July 18, 8:30 p.m. to 11:30 p.m.
a.m. show and dance, at Na-
tional Legion, 3020 Laurier St. a
tribute to the early disco era
as performed by Graham
Tickets at 336-374-6303.
Mobility Robinson, or at the
door. Tickets raised support
Nadine Legion

48th Annual Lily Show
July 18, 1 a.m. to 9 p.m., and
July 19, 9:30 a.m. to 3 p.m., at
The Mall at Lawson Heights
hosted by the Canadian Flor-
ie Lily Society. Lily stems on

sale July 19 at 10 a.m. to 11 p.m.
permitted.

Live Thoroughbred Racing
July 18-19, 7 p.m., at Marquis
Dancers. Live horse racing in
true sporting style

**River Lights Festival and
Wine/Women's Night**
July 18-20 at River Land-
ing. Featuring pit pit racing,
concerting, kiteflying, rowing
paddle boarding and a river
parade under the lights. Visit
riverlightsfestival.ca

River Landing Market
Saturdays until Oct. 4, 9 a.m.
to 2 p.m., at 120 Semenhelm
Way. Saturday markets along-
side the Farmers' Market. A
wide variety of art, imports,
home furnishings, fashion and
decor.

Live at Launch 2014
July 17, 25, Aug. 16, 23, 30/30

a.m. to 10 p.m., at the
Victoria Hotel's Little Stage.
Stage. Live local music out-
side on Broadway Ave. July
18 features Elizabeth Horvath
and Adam Solomon.

Balkan Hoops Fundraiser
July 19, 6 p.m., at St. John's
Anglican Church Hall, 886
Spadina Cres. (E-Supper,
a silent auction, and entertain-
ment. Raising funds to
support relief efforts by the
International Red Cross in
the wake of the devastating
Balkan floods of May. Tickets
at Maddy Robinson or 306-241-3580

**Limited Edition Cheesecake
Launch**
July 19, 6 p.m., at Flavored Arts
Readings of three chapbooks
by Canadian artists Kevin
Spent and Naomi Macdonald-
Shane. Refreshments and
Famous Insects, and Adeline

Gruber and Zachary Logan.
With appetizers and a cash
bar.

Mary Queen House
July 20, 1 p.m. to 4 p.m., at the
Merr Residence, 326 11th St.
A fine tour of the house and
garden.

Writs by the River
July 20 on 2nd Street in front
of Sun Stop refreshments.
Hosted by the Saskatoon
British Car Club. The status
annual show and films.

**Saskatoon Yellow Jackets
Home Game**
July 20, 7 p.m., at Cairns Field,
1202 Ave. P.E. Playing against
the Regina Red Sox. Visit saskatoonyellowjackets.com

**Walking Tour and Open
House**
July 20, 120 p.m. to 3:30
p.m., at the Superintendent's

Residence at The Saskatoon
Forestry Farm Park & Zoo.
Hosted by Friends of the
Forestry Farm. A tour of this
National Historical Site of
Canada. Walking tour begins
at 2 p.m. Refreshments are
available.

O Canada, Our Home
July 22, 7 p.m., at Gros-
venor Memorial United Church,
555 10th St. S. Hosted by the
British Columbia Song Choir
on their 45th anniversary
concert-Canada tour. Songs and
stories of Canada. Featuring
Adrianne Verville. Tickets at
Maddy Robinson and at the
door. Visit bcchoirchoir.org

THEATRE

**Theatre in the Park: The Plaid
Diner**
July 23 Monday to
Friday evenings at 7 p.m.
and Sundays at 2 p.m., in 20
different Saskatoon parks.
Presented by Sun Theatre. A
musical-filled adaptation of the
famous folk tale. Admission is
free. Tickets at sasktelerec.com

Hidden Yard
Until July 21 at Station Arts
Centre, 701 Dufferin Ave.,
Saskatoon. Take a peek over
the fence at an ordinary family
go through extraordinary day.
Sami and Hilda are about to
celebrate becoming empty
nesters when their grown up
children return unexpectedly for
an extended stay. Tickets at
306-732-5332.

**Shakespeare on the Saskatoon
Saskatoon**
Until Aug. 25 at the Shaka-
spears in the Roman and Jaffar
Theatre. Featuring the Shaka-
spears at 306-368-1900.
Tickets at shaka-spears.ca. Visit shaka-
spears.ca/saskatoon

Event listings are often community
service efforts by Phyllis. Listings will
be printed if space permits.



Next week in BRIDGES

Jeffery Straker is
making a name
for himself on the
world stage

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Sundays
9:00 a.m. to 4:00 p.m.



SHARP EATS

See a food trend you think deserves a highlight in Bridges?
Email bridges@thestarphoenix.com
or visit Bridges on Facebook

SASKATCHEWAN FOOD SCENE

Jerk chicken that rivals what you'll find in Jamaica



Don't let the packaging fool you — Ryan Hall's jerk chicken is some of the best in the province.
BRIDGES PHOTO BY JENN SHARP

By Jenn Sharp

It took some hunting to find, but the search was worth the effort.

Tucked away in the corner of the One Centre, Ryan Hall operates the province's only jerk chicken. He serves the usual Canadian staples like burgers, fries and salads. But on Thursdays, he cooks what he knows best: Caribbean cuisine. From 11:30 a.m. to 2 p.m., a Caribbean buffet with jerk chicken and beef, rice and beans, soups and salads is available.

The robust man with a booming voice and firm handshake makes a mean jerk spine. Jerk-style cooking originated in Jamaica,

wherein meat is dry-rubbed or marinated in the hot and fiery local seasonings.

In fact, Hall's jerk chicken is some of the best I've tasted (standing at roadside stands on the Caribbean). It's a superb mix of spicy, crispy skin and tender meat. If you want to order it for interest, he sells jerk chicken, or beef, for \$15 with a bag side of spiced rice and beans. He'll also offer catering services.

If you want to try his food in Saskatoon, you're in luck. He comes to the city regularly to supply Pasa Pasa events with authentic Caribbean food. Pasa Pasa is a reggae dance hall party and cultural event held several times throughout the year.



Ryan Hall's jerk chicken bursts a breakfast in the house, just south. BRIDGES PHOTO BY MICHELLE WITTE

SHARPEATS

In Saskatoon, you'll find the best taste of the Caribbean at the much-loved Konga Café. If you haven't been to Konga yet, you're missing out. The place is laid-back and cozy, reggae tunes play in the background of the colorfully decorated space and the bathroom door takes some jiggling to look, but that's all part of the charm.

The crooks and curry shrimp dishes (\$16.95) are both worthy of a photo-taking, and the pork in the warm jerk wing (\$18.95) tastes like it's been freshly grilled over a smoky fire. Konga's jerk chicken (\$19.95 for a burger) is markedly different than Hal's though — it's marinated in sauce and isn't nearly as spicy as I'd like.

The server explained it can be made much spicier but the house and not loved down for Saskatoon's spice police. That's something I would have appreciated knowing before I ordered but now I'm ready for next time.

Jenny Cakes (deep fried Jamaican dumplings) come out before your meal — try the banana sauce for dipping. And even if you don't usually order salad, just get it here for the on-the-way salad house dressing.

I'm sure you could have one heck of a fun party in this place, especially with drinks like the Daiquiri (\$11), described as "The ultimate celebration drink designed for those who don't even need the one." Whoa!

It's unfortunate they're not open just now — maybe a little happy hour fix is in order?

Author: @TwitterPhoto.com
Twitter.com/DaveHill90

The Orr Centre
4400 4th Ave., Regina
Dave Hill 306-361-9308

Konga Café
204 Ave. H N.
Saskatoon
306-244-1967



PAUSA PHOTOS
Hosted by Saskatoon
Reggae Music and
Caribbean Connection
Sunday Aug 3 10pm
O'Brien Event Centre in
Saskatoon

Konga's warm jerk wing comes to deliver "the flavor of Jamaica in your hands." PHOTOS PHOTOS BY JENNIFER HILL



The crooks shrimp from Konga Café served with a garden salad. The house dressing, a creamy basil-dill is enough to make you to this place, forever.

OUTSIDE THE LINES

Colouring contest

Each week Stephanie McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to bedlam@hcvillage.co.uk. One winner will be chosen each week.



WINE WORLD

#SASKATCHEWAN WINE SCENE

Choose the finest food wine in the world

By James Romanow

Once upon a time in the Alto Adige, a small northern mountain town in the north of Italy, the idea of winery Pinot Grigio as a white wine, is in champagne, instead of as the red it actually was. Slowly but surely the world recognized that this caught was right up there with the invention of beer. Fifty years later, the wine has taken over the world.

Today the "small" winery is flourishing, winning out of the thousands of the Veneto and expanding its range to outside other places. Italian wines. The estate's strength is in making traditional Italian wine to the high and quality control standards.

I don't know about you, but I drink every thing with the Santa Margherita estate on the table. Their Pinot Grigio is reliable, and their Prosecco is absolutely first class. And now they've introduced into our market their Chianti Classico.

Chianti is a relatively under-rated wine, mostly because wine writers are men, or less so, and remember the iconic young Chianti of their youth. This is unfortunate. Visited to modern standards, it is one of the best food wines in the world, and I am quite willing to argue it is good if not better than Pinot Noir. The Santa Margherita Chianti will help you understand why I make a sidekick of The Wine



Specialist considers outrageous. The wine has a tremendous bouquet of earth and mineral (particularly the signature smell of iron), a delicious fruity palate and a tang, over so slightly understated finish. You can drink this wine with any food you care to name.

If you like it, broom, this is a must drink wine this summer. By the way there's still some 2008 on the shelf and that's a vintage worth grabbing.

Santa Margherita Chianti Classico, Italy.
800.925.6044

Crossword/Sudoku answers

DEFER	ARAB	SWAN
ALOOF	DOLF	ARGO
FLUNK	MAPLE	LEAF
DIR	NIL	PIERCE
VEAHAN	RAD	TET
LARD	ASEC	
STAR	SAND	STRIPES
HERE	DEF	ROLE
HAMMER	SAND	SICKLE
COPIER	MILER	
LAR	GAZ	NERVA
AMAZON	DIP	RIR
RISING	SUN	CROON
KNIT	DPEG	ECOLE
SDNS	DATE	LAMAS

5	1	8	9	2	6	3	7	4
9	3	2	4	7	8	1	5	6
7	6	4	1	5	3	8	2	9
6	8	3	2	1	9	5	4	7
2	5	1	7	3	4	9	6	8
4	7	9	8	6	5	2	3	1
3	9	7	6	8	2	4	1	5
1	4	5	3	9	7	6	8	2
8	2	6	5	4	1	7	9	3



Media Partner The StarPhoenix

Sunday, July 20th

Saskatoon Forestry Farm Park Zoo
10:00 a.m. - 4:00 p.m.

Activities for children of all ages!

Snagging with Sylvia
Mental Art Circus
Cheer the Kermanshah
Keeper Mammals Show
Apollon jumps and games
Big Game from the Cattle Tansy
Halo-Hopover Kola
Meet the Keeper talks
Meet some of our smallest animals
Face painting
Investigation Station (artificial antlers)



\$30 Family

(Maximum 2 adults and up to 5 children for same household)

\$25 off for Saskatoon Zoo
Society members or
StarPhoenix coupon holders

Children riding and
petting time 12:00-1:00
No off-peak or (before 10:00 a.m.)
reservations from 9:00 a.m. to 4:00 p.m.
Last price only or show

First-come, first-served for the
Saskatoon Zoo Society members
admission program

StarPhoenix Family Day Coupon

**\$5 off
family admission**

Save \$5 on Family Day family admission at the
Saskatoon Zoo. One coupon per family. Valid
2 adults and up to 5 children 12 years or older. Not
the same household. Coupon valid for Sunday
July 20, 2008 from 10:00 a.m. to 4:00 p.m. only.
Coupon has no cash value. No other coupons
redeemable on this day. Zoo reserves the right to
purchase. Zoo Society members receive this coupon
through the Zoo Society membership program.

For more information: saskatoonzoo.ca



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